

## The Longevity Solutions Coach

connects you to and orchestrates processes that assist you with helping your parent or loved one to live the best quality of life as they age. The Longevity Solutions Coach is you and your family's Guide, Facilitator and Advocate in the following areas:

- Health
- Personal Finances
- Real Estate
- Estate Planning
- Long-Term Care
- Medicare
- Asset Protection
- Insurance
- Annuities
- Trusts
- Funding of Trusts
- Reverse Mortgages
- Veteran's Benefits
- In-Home Care
- Aging in Place
- Mobility
- Life Transitions

**Email or call us today to schedule your free virtual information session with one of our Longevity Solutions Coaches!**

### Our Service Sessions:

#### Family Discussion & Negotiation

Per Session

When you have a parent/loved one who does not want to discuss important issues that you know need to be addressed in order for them to live the best quality of life. When you and your family cannot agree when it comes to making important life decisions.

1.5 Hrs - \$150

#### Health Advocate

Per Session

When you need a neutral third party to be an advocate when a parent or loved one is in the hospital, the nursing home, or still living at home using an in-home care company for caregiving services.

2.5 Hrs - \$225

#### Explorer

Per Session

When you need a neutral third party to explore options, conduct research and discuss findings with, so you can help your parent/loved one to choose the best solution for their needs.

2.0 Hrs - \$175

#### Grounding

Per Session

When you are worried or feeling overwhelmed with the fact that you are taking over more responsibility for your parent/loved ones finances, health and personal needs, and you need assistance with sorting things out and determining the best direction to go.

2.0 Hrs - \$175

#### Real Estate and Housing

Per Session

When you are worried about your parent/loved one's ability to maintain

1.0 Hr - \$ 85